

Study on 27 experts, 4 conditions

- Inherited from shamanic tradition
- Induction via movements and vocalizations
- Modified state of consciousness (inner imagery, alterations of self, space, and time)

- Resting state
- Imagination of a trance
- Auditory perception (beeps)
- Trance

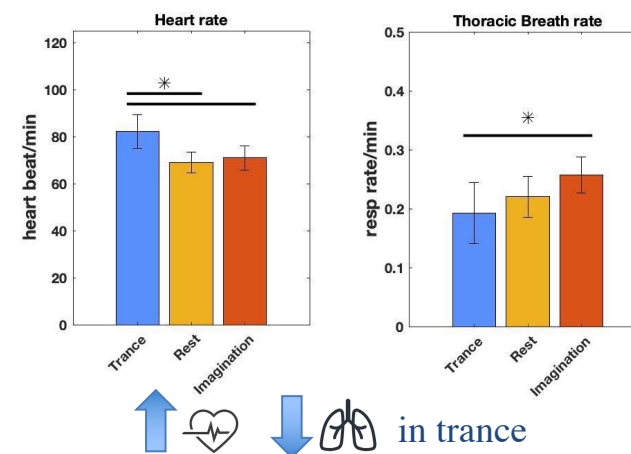
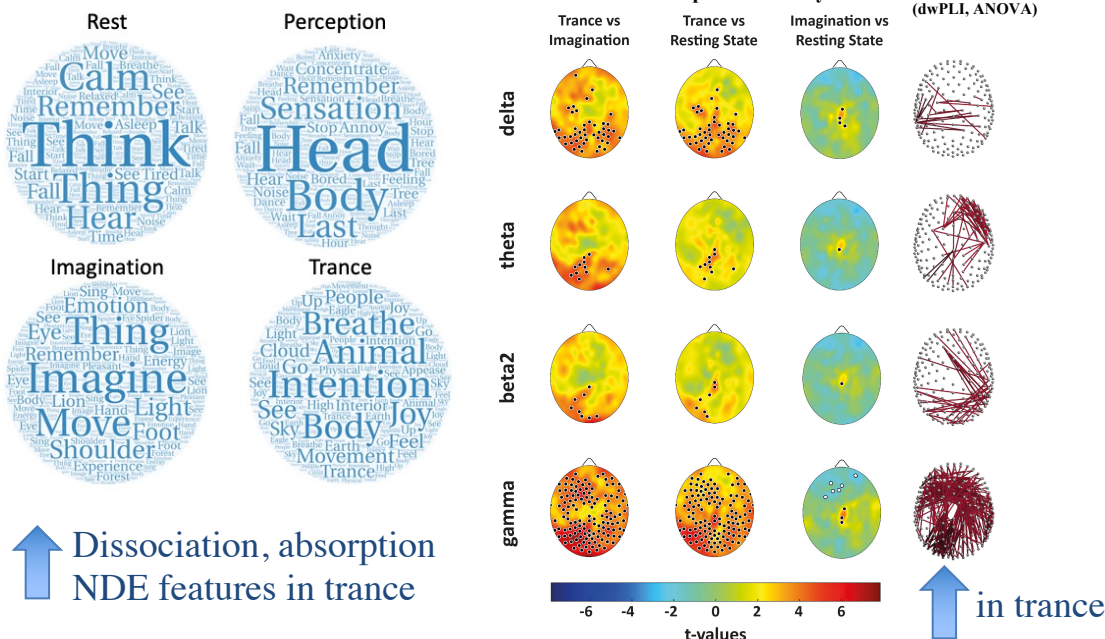
Measures: behavior (free recall & questionnaires), EEG, body parameters



Subjective experiences

EEG

Body parameters



Conclusion

Major changes in trance at the phenomenological & neurophysiological levels